

**THE POTENTIAL STATE
INSTITUTE**

is proud to offer



THE NINJA THERAPIST

Theater Improvisation Skills for Therapists

Assael Romanelli, PhD

THE NINJA THERAPIST

The Ninja Therapist is the bold therapist who is willing to utilize their whole self and everything that arises in the here-and-now clinical encounter, in order to maximize growth, understanding, therapeutic alliance, and play.

Ninja therapist training is aimed at clinicians from all disciplines, who are ready to enrich their toolbox and clinical outlook.

**"Anything worth knowing, can't be taught."
- Carl Whitaker**

This training is based on the groundbreaking 6-year research on theater improvisational skills for therapists conducted by Dr. Assael Romanelli. It has been since taught in Germany, the United States, and several academic and clinical institutes around Israel for hundreds of clinicians.



Ninja therapist training is highly experiential and includes an integrative psychotherapeutic and improvisational theoretical component coupled with theater improvisational skills in pairs and small groups. Ample time is given for Q&A and peer supervision.

The training includes articles, videos, and other resources that will help participants integrate these skills for immediate application.

No need for prior training in theater or improvisation, only curiosity, and wonder.

YOU WILL LEARN

- The psychotherapeutic constructs that can aid us in incorporating improvisation as a toolbox in our practice.
- What kind of improviser am I? Familiarize yourself with your own style of clinical improvisation.
- Ninja Therapist - A radical typology of clinical group improvisation.
- Ownursh!t – How to be more authentically yourself.
- How to maximize mis-takes through self-disclosure.
- The three types of thinking to use within sessions.
- How and when to accept or block your client's emotional bids.
- How to dare to 'say the thing' and move the therapeutic encounter forward.
- How to play with your status as a therapist
- How to increase your Therapeutic Presence and Charisma.

Ninja training is flexible and can range from an introductory 1.5 hour (Zoom) lecture, a half/full-day training, a 3-day intensive training, or a semester/yearly academic course.

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DR. ASSAEL ROMANELLI

Assael Romanelli, Ph.D., is a clinical social worker, licensed Couple & Family Therapist, and supervisor, as well as an international trainer and facilitator.

He is the founder and director of [The Potential State Institute For Enriching Relationships](#), which incorporates and integrates therapy, art, and education to create safe spaces for people to connect to themselves and others.

Over the past 15 years, Dr. Romanelli has trained a wide range of individuals and helping professionals to become more spontaneous, playful, and effective in their life and work.

Assael publishes content regularly on his [Blog on Psychology Today](#), and [The Potential State Podcast](#) and [YouTube channel](#). He offers online zoom counseling for individuals, couples, and families.



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